



FINANCE AND ADMINISTRATION CABINET
KENTUCKY HIGHER EDUCATION ASSISTANCE AUTHORITY

Andy Beshear
Governor

P.O. Box 798
Frankfort, Kentucky 40602-0798
Phone: 1.800.928.8926
Fax: 1.502.696.7373

Holly M. Johnson
Secretary

Eugene P. Hutchins
Executive Director

Contact: Tim Ballard
Phone: 502-696-7372
Email: tballard@kheaa.com

FOR IMMEDIATE RELEASE

‘Surviving College’ booklets can help freshmen, adults

FRANKFORT, Ky. (March 25, 2021) — “Surviving College,” a guide that helps college freshmen succeed during their first year on campus, is available free from the Kentucky Higher Education Assistance Authority (KHEAA).

“The transition to higher education can be a stressful time for students and parents. Students who are more aware of the changes they face when entering college have a better chance of making a successful transition, which translates to a greater chance of finishing their studies,” said Gov. Andy Beshear. “Students, especially those who are the first in their family to attend college, will find a wealth of helpful information in this booklet, as will parents who are sending their oldest child off to college.”

The booklets provide graduating seniors with a way to better prepare themselves for their first semester of college.

The 36-page booklet includes sections about:

- Majors and class schedules;
- Staying healthy and safe on campus;
- Learning styles and study tips;
- Campus life; and
- Financial basics.

KHEAA also provides a free guide called “Surviving College for Adults,” which is geared toward nontraditional students.

To order a free copy of these guides, email publications@kheaa.com and be sure to include your mailing address. Online versions of both publications are available at kheaa.com.

KHEAA is the state agency that administers the Kentucky Educational Excellence Scholarship (KEES), need-based grants and other programs to help students pay their higher education expenses. It also disburses low-cost Advantage Education Loans for its sister agency, the Kentucky Higher Education Student Loan Corporation (KHESLC). For more information about Advantage Education Loans, visit advantageeducationloan.com.

For more information about Kentucky scholarships and grants, visit kheaa.com; write KHEAA at P.O. Box 798, Frankfort, KY 40602; or call 800-928-8926.