



IN THIS ISSUE

- 2 - Social media sessions
- 2 - Net price calculators
- 2 - Input sought on foreign language standards
- 3 - KHEAA's vloggers
- 3 - State expects growth in health care jobs
- 4 - High school planners
- 4 - Scholarship Spotlight
- 5 - ACT, SAT test dates



For help with your higher education and financial aid questions, visit www.kheaa.com.

College students should follow these health tips

Heading to campus in fall 2020 means taking home quarantine practices and turning them up a notch. Students will probably take a COVID-19 test before or right as they arrive on campus and may have their temperature taken each time they enter a building.

Here are some tips to help students manage their college experience safely:

Social distancing, hand washing and masks covering the mouth and nose are standard recommendations by health officials to avoid transmission. Some schools may require students to sign a pledge to not gather in large groups and to follow its student code of conduct during the pandemic.

College is typically a very social atmosphere, so avoiding crowds may be challenging. Researchers believe the virus might be airborne but aren't sure how much virus needs to be in the air to cause infections. Keeping space between people limits how much virus someone can be exposed to in an everyday setting. A crowded house party with poor ventilation or a crowded bar may cause a campus flare-up that could force a college to close down again. Some colleges are threatening to suspend or expel students who throw or attend parties in violation of public health guidelines.

Students should maintain social distancing by keeping 6 feet between themselves and other people, in class, in a dorm or at the dining hall. The Center for Disease Control says the amount of time people spend with others and how close together they are are means a higher risk of catching and spreading COVID-19.

Continued on page 5

KHEAA continues hosting social media outreach

KHEAA Outreach will continue to provide live help via Facebook, Twitter and Instagram. The schedule is:

- **Aug. 25:** FAFSA Week: Gearing up for the FAFSA, **Facebook**
- **Aug. 26:** FAFSA Week: Getting a Heads up on the FAFSA, **Twitter**
- **Aug. 27:** FAFSA Week: FSA FAQ, **Instagram**
- **Sept. 1:** Exploring Your Options: Kentucky National Guard, **Facebook**
- **Sept. 2:** Exploring Your Options: Joining the Workforce, **Twitter**
- **Sept. 3:** Exploring Your Options: Why College?, **Instagram**
- **Sept. 8:** Getting In: The Highlights, **Facebook**
- **Sept. 9:** Getting In: The Admissions Process, **Twitter**
- **Sept. 10:** Getting In: The Importance of the ACT, **Instagram**
- **Sept. 15:** Campus Culture: Study Abroad Opportunities, **Facebook**
- **Sept. 16:** Campus Culture: Campus Life, **Twitter**
- **Sept. 17:** Campus Culture: SOS, **Instagram**
- **Sept. 22:** It's Money, Baby: Financial Literacy 101, **Facebook**
- **Sept. 23:** It's Money, Baby: Saving as a College Student, **Twitter**
- **Sept. 24:** It's Money, Baby: Budgeting, **Instagram**
- **Sept. 29:** FAFSA Week: FAFSA Trivia, **Facebook**
- **Sept. 30:** FAFSA Week: To Pay Back or Not Pay Back, **Twitter**
- **Oct. 1:** FAFSA Week: The Early Bird Gets the Worm, **Instagram**

All sessions begin at 3 p.m. Eastern, 2 p.m. Central.

The links are:

- www.facebook.com/KHEAA/
- www.twitter.com/KHEAA
- www.instagram.com/kheaaoutreach/?hl=en

Net price calculators can give idea of college costs

Kentucky high school students headed for college can get an idea of how much it costs to attend using the school's net price calculator (NPC).

To use the NPC, students must enter information about their academic standing and their parents' finances. It is important to remember that the result is an estimate only.

Gov. Andy Beshear advised families to make sure they look for the net price, not the net cost.

"The net price is the amount a family can expect to pay toward a student's college education, including any loans," he added. "The net cost takes into account student loans, which must be repaid, so it will look lower than the net price."

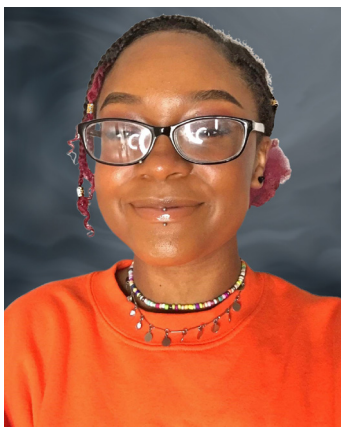
The U.S. Department of Education requires colleges to have a calculator on their websites. The department has a search tool on its website so students can look for a school's calculator. The search tool can be found at <https://collegecost.ed.gov/net-price>.

State seeking feedback on language standards

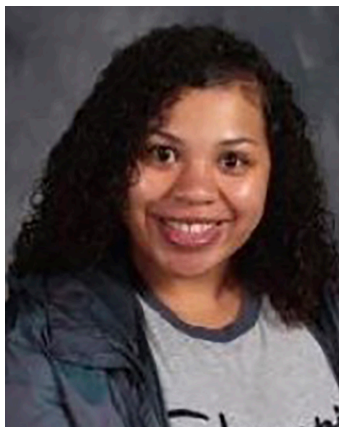
The Kentucky Department of Education is seeking feedback on the draft Kentucky Academic Standards for World Language.

To provide feedback, please use the public feedback comment form. The public comment period will last until Sept. 16. Due to the amount of text within the survey, it is recommended that surveys be completed on a full-size computer or laptop screen.

Anyone with questions about the process can email standards@education.ky.gov



RAMONA MORRIS



SHELBY NEWMAN

KHEAA's vloggers ready for new academic year

KHEAA's high school and freshman college vloggers are in place for the 2020–2021 school year.

Ramona Morris, a senior at Opportunity Middle College in Lexington, will vlog about the college admissions and financial aid processes this year.

Morris said her hobbies include filming for her YouTube Channel and reading.

"I'm not sure what my dreams are," she said, "but I do want to continue filming and eventually have a career based around media, film and communication."

Newman, last year's high school vlogger, graduated from Louisville's Valley High School this spring and now attends Eastern Kentucky University. She plans to major in education.

Her vlogs will help this year's high school seniors understand what their first year of college may be like.

Both of the vlogs can be accessed on YouTube at <https://youtube.com/user/KHEAAMascot>.



Strong growth predicted in health care professions

A report from the Kentucky Council on Postsecondary Education shows that jobs in health care are expected to jump 12 percent over the next decade, nearly twice the average rate for other jobs across the state.

The analysis projects that Kentucky will create more than 23,000 new jobs in health care by 2029, increasing the already high demand for degrees and other postsecondary credentials in the field. The state's colleges are on track to meet the demand for health care degrees and other credentials by 2024.

Kentucky colleges award about 6,000 bachelor's, master's and doctoral degrees in health care each year – about 1,500 short of workforce needs.

The number of graduates with health care certificates and associate's degrees also continues to rise. Future workforce needs include pharmacist technicians, medical assistants and clinical lab technicians.

The report shows programs for pharmacy technicians and allied health sciences will probably expand. It also projects that programs for emergency medical technicians, respiratory care therapists and dental hygienists will continue to perform well.

The report can be accessed at <http://cpe.ky.gov/data/reports/healthcarereport.pdf>.

High school planners

Freshmen

- ☐ Develop good study habits.
- ☐ If you attend a public Kentucky high school, familiarize yourself with your ILP.
- ☐ Make good grades.
- ☐ Make sure you understand how the KEES program works.
- ☐ Set up an account on www.kheaa.com.

Sophomores

- ☐ Talk with your counselor about AP, other advanced classes and dual credit courses.
- ☐ If you attend a public Kentucky high school, check your ILP to make sure you're on track.
- ☐ Make sure your KEES account information is correct: name, address, Social Security number, date of birth, GPA.
- ☐ Make a list of colleges that interest you.
- ☐ Consider taking the PSAT as a prep for your junior year, when it counts.

Juniors

- ☐ Talk with your school counselor about your options and plans.
- ☐ Develop a list of colleges you're interested in. Check out *Getting In*, a KHEAA publication that lists Kentucky colleges and universities.
- ☐ Ask for a preview of your academic record and profile. Talk with your counselor on how you can get accepted to the school of your choice.
- ☐ Begin planning college visits. Try to time your visit so you can see classes going on.

Seniors

- ☐ Ask colleges you're interested in to send you admissions information.
- ☐ If you're applying for Early Decision, start filling out the forms to meet the deadline.
- ☐ If you haven't taken the ACT/SAT or if you think you can do better, take it again.
- ☐ Get with your counselor to find out about the financial aid sources available to you. Use KHEAA's *Affording Higher Education*.



Scholarship Spotlight

Kids Chance of Kentucky Scholarship

Eligibility: Must be a child who had a parent seriously, catastrophically or fatally injured in a Kentucky employment-related accident and who is a Kentucky resident between 16 and 25 years old. The financial impact of the parent's injury or death will be a major consideration.

Award: Up to \$2,500 per semester; renewable for 4 or more years provided progress is made toward a degree and student remains in good standing with the school

Number: Varies

Deadline: October 30, spring semester; April 15, fall semester

Contact: Counselor or Scholarship Committee, Kids Chance of Kentucky, P.O. Box 910234, Lexington, KY 40591; 859.219.0194; gdavis5@windstream.net; www.kidchanceky.org

ACT National Test Dates

Test Date	Registration Deadline	Scores Available
Oct. 10, 2020	Sept. 17, 2020	TBD
Oct. 17, 2020	Sept. 17, 2020	TBD
Oct. 24, 2020	Sept. 17, 2020	TBD
Dec. 12, 2020	Nov. 6, 2020	TBD
Feb. 6, 2021	Jan. 8, 2021	TBD
April 17, 2021	March 12, 2021	TBD
June 12, 2021	May 7, 2021	TBD

SAT National Test Dates

Sept. 26, 2020	Aug. 26, 2020	Oct. 9, 2020
Oct. 3, 2020	Sept. 4, 2020	Oct. 16, 2020
Nov. 7, 2020	Oct. 7, 2020	Nov. 20, 2020
Dec. 5, 2020	Nov. 5, 2020	Dec. 18, 2020
March 13, 2021	Feb. 12, 2021	March 26, 2021
May 8, 2021	April 8, 2021	May 21, 2021
June 5, 2021	May 6, 2021	July 14, 2021

Health tips

Continued from page 1

Frequent hand washing or hand sanitizing is another way to stop the spread of COVID-19. Students should carry hand sanitizer with them when they go out, along with tissues and disinfection wipes (if possible).

Wearing a mask on campus outside of the dorm room may be mandatory at some colleges. It's a good idea to have several and wash them frequently, easily done in a sink with a squirt of liquid detergent. The CDC says COVID-19 can be spread by people who do not have symptoms and do not know they are infected, so

masks provide an extra layer to help prevent airborne transmission if someone has the virus but isn't showing any symptoms.

Be aware of personal items touching public items. This include placing a phone or book bag on a desk in a classroom, or resting a toothbrush on a common sink in a bathroom. Another good rule of thumb is to clean off commonly used surfaces before and after using them, such as desks, vending machine buttons, door handles or laundry facilities.

If students can't clean those surfaces, they should wash their hands or use hand sanitizer.