



COUNSELOR CONNECTION

Kentucky Higher Education Assistance Authority
P.O. Box 798
Frankfort, KY 40602-0798
Tel: 800.928.8926
www.kheaa.com
publications@kheaa.com

APRIL 2019

College Info Road Show available for summer programs

KHEAA's College Info Road Show is a fun and educational activity for middle school and high school summer programs.

The mobile classroom has eleven computer stations and Internet access to provide information and help guests:

- Research colleges and careers.
- Search for scholarships and learn about financial aid resources.
- Complete admissions and financial aid applications.

This service from KHEAA can be used for:

- Having a KHEAA outreach counselor teach students how to use www.kheaa.com. High school students can set up or log in to their MyKHEAA accounts to check their KEES balances and use other personalized tools.



- Helping high school seniors or adults returning to school complete college admission applications or the FAFSA.
- Serving as an eye-catching exhibit at back-to-school festivals, college fairs or community events and other large forums.

The Road Show is ideal for programs at schools, libraries, summer camps, church groups, professional and civic organizations, fairs and businesses. The best part is that it will come to you.

For more information or to schedule a visit, contact Kevin Wilson at kwilson@kheaa.com or (502) 753-9938. Events are scheduled on a first-come, first-served basis.



Kentucky rising junior may win scholarship, photo shoot for school

A rising junior at one of Kentucky's public or private high schools will win a \$500 scholarship and a photo shoot at his or her school through the "Promote Your School" scholarship contest, sponsored by KHEAA.

The school must participate in the Kentucky Educational Excellence Scholarship (KEES) program for the student to be eligible.

To enter, the student must submit an essay no more than 200 words long without mentioning the student's name, school, county or community. The essay topic must be shown at the top of the page. The student's name, address and high school must be listed at the bottom of the essay. The student must be a junior during the 2019–20 school year. For more information, visit www.kheaa.com/website/contest/intro.

Photos from the winning school will be used in KHEAA publications and on KHEAA websites. The winner will be chosen by a committee of KHEAA employees.

To enter, mail the essay to KHEAA Publications, P.O. Box 798, Frankfort, KY 40602. Students may also email their essay to publications@kheaa.com or fax it to (502) 696-7574. **KHEAA cannot accept essays via file-sharing sites such as Google Docs.**

The deadline for submissions is May 31.

Students from high schools that have been featured in the past five years — Paducah St. Mary, Logan County, Daviess County, Lexington STEAM Academy, and Somerset Christian — are not eligible to enter this year's contest.

Revised Kentucky academic standards adopted for 2019–2020 school year

Revised standards for health education, physical education, reading and writing, and mathematics have been adopted into law.

The process included revisions by Kentucky educators and community members, public input and review by the Kentucky Board of Education before undergoing final legislative review and adoption. New computer science standards also were developed and adopted into law.

The newly adopted standards will be implemented in Kentucky classrooms beginning in the 2019–2020 school year and can be accessed on the [Content Area Standards webpage](#).

Please contact the [Standards Team](#) with any questions regarding the newly adopted standards or the standards revision process.

Outreach Spotlight

Name: Steven Held
Region: Louisville Metro West (Bullitt, Jefferson west of I-65, Spencer)



Where did you go to college?
 Eastern Kentucky University

How many years have you been an outreach counselor?
 3

What are your favorite hobbies?
 Baseball, cooking, kayaking, traveling

What is something on the top of your bucket list?
 Backpack in New Zealand

What are you currently binge watching?
Modern Family

Who is your favorite sports team?
 Cincinnati Reds

What is your favorite movie?
Larry Crowne

Who is your favorite music artist?
 Jason Isbell

What is your favorite part of your job?
 Helping people find a “good fit” in life

What advice would you give a high school student currently thinking about college?
 Don't be afraid to challenge yourself. If it is difficult then it is worth it



Scholarship Spotlight

**Kaufman & Stigger, PLLC:
 Alberta C. Kaufman Scholarship**

Eligibility: Must be a Kentucky resident, be a graduating high school senior or a currently enrolled student at a 2- or 4-year college or university, have at least a 3.0 GPA, plan to pursue a postsecondary degree after graduation and submit an essay telling about someone who influenced the student's life in a positive manner and how that will have an impact on the applicant's future.

Award: \$500; nonrenewable

Number: 2

Deadline: May 9

Contact: Linda Brumleve, Kaufman & Stigger, PLLC, 7513 New La Grange Road, Louisville, KY 40222, (502) 458-5555, www.getthetiger.com/scholarship, scholarship@kstrial.com

Financial literacy resources for Kentucky students



April is Financial Literacy Month, and Kentucky students can make use of financial literacy resources from KHEEA.

KHEEA's "It's Money, Baby" booklet helps students learn the basics of banking, credit cards, interest

and protecting themselves from fraud. Free copies are available by emailing publications@kheaa.com. Please remember to include a mailing address.

The agency's regional outreach counselors can also present "It's Money, Baby" programs for schools and for other groups. KHEEA has 13 counselors across the state. To find the counselor for each region, visit www.kheaa.com and click on the KHEEA Outreach Services link under the Counselors tab.

Games and links to sites that teach students about finances can be found under the Money Management tab on www.kheaa.com.

Outreach Spotlight

Name: Brandon Brown
Region: Eastern Kentucky (Breathitt, Elliott, Floyd, Johnson, Knott, Lawrence, Magoffin, Martin, Morgan, Pike, Wolfe)



Where did you go to college?
Asbury College

What are your favorite hobbies?
Hiking, pickleball, wood-burning

What is something on the top of your bucket list?
Visit every Major League Baseball stadium

What are you currently binge watching?
The West Wing

Who is your favorite sports team?
Cincinnati Reds

What is your favorite movie?
Field of Dreams

Who is your favorite music artist?
Andrew Peterson

What is your favorite part of your job?
Creating relationships with all my schools in Eastern Kentucky

What advice would you give a high school student currently thinking about college?
Dream BIG! Go where you want to go! Apply for every scholarship you can find.



Keep your after-high school options open

Everybody should at least think about getting some education past high school. It can be at a technical school or a two-year college. It doesn't have to mean four years at a big university — there are lots of options out there to help you get the skills you need to succeed in the workplace and in life.

Don't limit yourself. You might change your mind next year, or the one or five years from now. That's why you need to do your best now — you never know what might happen or what opportunities might come your way. You need to be ready.

In high school, you'll hear terms like credit, GPA and transcript. If you understand what they mean, you'll be in better shape for whatever you want to do after high school.

What are credits?

A credit is what you earn for passing a class. In most cases, you earn 1 credit if you pass a class that lasts a year and 1/2 credit for a class that lasts one semester (like PE or health). If you're in a public school, the state requires you to have so many credits in certain areas to get your diploma. You have minimum diploma requirements, which are the absolute least you can do to graduate. Then you have the Pre-College Curriculum, which outlines the types of classes that four-year public universities in Kentucky expect you to have taken before you can enroll.

You're better off if you start with Pre-College Curriculum courses now, even if you don't think you're going to a four-year college. Like we said, you might change your mind. Here are the requirements.

Subject	Minimum Diploma Requirements	Pre-College Curriculum
Language Arts	4 credits: English I, II, III and IV. Students must take language arts all four years of high school.	Same as current minimum diploma requirements.
Mathematics	3 credits: Algebra I, Geometry and Algebra II.	Same as minimum high school graduation requirements.
Science	3 credits that must incorporate lab-based scientific investigation experiences and topics centered around biological, physical, earth, and space sciences, and challenging concepts.	Same as minimum high school graduation requirements.
Social Studies	3 credits that include content about U.S. history, economics, government, world geography and world civilization.	Same as minimum high school graduation requirements.
Health	1/2 credit that includes content about personal well-being, consumer decisions, personal and mental wellness, community services.	Same as minimum high school graduation requirements.
Physical Education	1/2 credit that includes content about personal wellness, psychosocial, lifetime activity.	Same as minimum high school graduation requirements.
History and Appreciation of Visual and Performing Arts	1 credit: history and appreciation of visual and performing arts or a laboratory-based experimental science course.	Same as minimum high school graduation requirements.
Foreign Language		2 credits of a single world language or demonstrated competency.
Electives	7 credits, 4 of which must be standards-based.	7 credits.

¹ In addition to high school graduation credits, students must demonstrate competency in technology. Beginning with the 2018-2019 school year, all students graduating with a regular diploma must pass a state history graduation. Students who enter high school beginning in 2019 will have a new state history requirement.
² A credit is what you earn for passing a class. In most cases, you earn 1 credit if you pass a class that lasts a year and 1/2 credit for a class that lasts one semester (like PE or health). If you're in a public school, the state requires you to have so many credits in certain areas to get your diploma. You have minimum diploma requirements, which are the absolute least you can do to graduate. Then you have the Pre-College Curriculum, which outlines the types of classes that four-year public universities in Kentucky expect you to have taken before you can enroll.
³ A public school student must make a math course or its equivalent each year of high school. Instead of a fourth math course, a district may offer a student an occupational or technical course that prepares a student for a career path based on the student's TOP 10 course results for career standards in the Kentucky core academic standards.

Students can enter writing contest

Student writers can enter the Kentucky Council of Teachers of English/Language Arts writing contest in May.

The contest takes place at elementary, middle, high school and college levels, with winners in first through fifth place in four categories:

- Narrative/real or imagined
- Informative/explanatory
- Opinion/argumentative
- Poetry

Submissions must be entered by a current member of KCTE before May 31. Teachers may submit up to three student entries in each of the four categories.

To read submission instructions please visit <http://kcte.org/contests/>.

Eighth-graders can get tips about high school success

Kentucky eighth-graders headed for high school in the fall might find “High School Basics,” a four-page flyer, helpful. The free flyer can be ordered from KHEAA.

“High School Basics” has sections about:

- Credits and graduation requirements
- Calculating a GPA
- Reading a high school transcript
- The Kentucky Educational Excellence Scholarship (KEES)
- Earning college credit while in high school

Free copies are available by emailing publications@kheaa.com.

Please remember to include a mailing address.

ONLINE RESOURCES

Here are some free online resources to help you on the way to college.

actstudent.org – The ACT college entrance exam site

bigfuture.collegeboard.org – The College Board college planning site

cappex.com – College exploration

careeronestop.org – Career exploration

collegeboard.org – The College Board

collegelight.com – College search and application process

ed.gov – U.S. Department of Education

fafsa.gov – Where to file the FAFSA online

fsaid.ed.gov – FAFSA Federal Student Aid ID

getschooled.com – High school graduation resources

imfirst.org – Resources for first-generation college students

kentuckyguard.com – Military tuition assistance

kheaa.com – Career exploration, college preparation, financial aid processes and estimating tools

kheslc.com – Kentucky student loans and borrower services

KnowHow2Transfer.org – Transfer process, institutional transfer policies, degree program requirements, transfer scholarships and transfer contact information

kygoestocollege.com – Kentucky College Application Campaign

kysaves.com – Kentucky Education Savings Plan Trust (KESPT)

kyvc.org – Kentucky Virtual Campus

march2success.com – ACT prep

studentaid.ed.gov – Federal student aid programs

thinkcollege.net – Resources for students with intellectual disabilities

